

SATURDAY, MARCH 14, 2020
Theodore Roosevelt School
680 Park Avenue
Bridgeport, CT 06604
12:00-12:45 p.m. Check-in/Lunch
1:00- 4:00 p.m. Program

- Free parent and teacher program
- Light lunch of pasta will be available for all registered attendees
- Free literature, resources, networking opportunities
- Exhibitors, books, educational games and more

REGISTER ONLINE AT CAG WEBSITE:

www.ctgifted.org (preferred)

Or REGISTER BY MAIL USING ATTACHED FORM DEADLINE – Saturday, February 29, 2020

REGISTER EARLY: FIRST-COME, FIRST-SERVED!
NO REFUNDS!

NO WALK-INS ACCEPTED – YOU MUST REGISTER IN ADVANCE

NO SNOW DATE If inclement weather, call BCYL at 203-913-0073 or visit

www.ctgifted.org for announcement

For questions or issues, please email MIMBridgeport@ctgifted.org

Thanks to our Bridgeport Minds in Motion Sponsor



The Economy Fuel Heating Oil Buyers Club is the best and most affordable way to buy heating oil for your home and it can literally save you hundreds of dollars each and every year!

www.EconomyFuelCo.com

HERE'S HOW IT WORKS.....

Minds in Motion is open to all! Any child interested in participating in these engaging workshops is encouraged to attend. Please choose workshops from your child's grade group. The workshop assignments are made on a first-come, first-served basis.

*For Grades K-5, you must list at least 4 choices, 3 for grades 6-8, in order of preference.

Every effort will be made to give students their top preferences.

*Priority registration for children of parents who volunteer!

Please register online at www.ctgifted.org
Or mail registration form to the address listed on the form

NO WALK-INS ACCEPTED – YOU MUST PRE-REGISTER

CHECK IN BY 12:45 or risk forfeiting your child's workshop assignment.

KEYNOTE ADDRESS & WORKSHOPS OPEN TO ALL ADULTS EVEN IF

YOUR CHILDREN ARE NOT ATTENDING THE PROGRAM

(Please pre-register online or use the attached form)

STUDENT SCHEDULE						
12:00 – 12:4	5 CHECK-IN AND PASTA LUNCH					
Grades PreK-1						
1:00 – 2:00	1 ST WORKSHOP					
2:00 – 3:00	Breakout Session					
3:00 – 4:00	2 ND WORKSHOP					
Grades 2-8						
1:00 – 2:25	1 ST WORKSHOP					
2:30 – 4:00	2 ND WORKSHOP					
ADULT SCHEDULE						
12-12:45	CHECK-IN/VENDORS and EXHIBITORS					
12:55	TAKE CHILDREN TO THEIR WORKSHOPS					
1:10-2:20	WELCOME from BCYL, BPS and CAG And KEYNOTE ADDRESS					
2:20-2:45	VENDOR SHOPPING /NETWORKING Resources, Books and Exhibitors					
2:45-3:55	CHOICE OF ADULT WORKSHOPS					
4:00	SIGN OUT/PICK UP CHILDREN					

Presented By BRIDGEPORT CARIBE YOUTH LEADERS BRIDGEPORT PUBLIC SCHOOLS THE CONNECTICUT **ASSOCIATION FOR THE GIFTED** for the Gifted

PRE-SCHOOL WORKSHOP | AGES 3-5

Little Builders

Children will use creativity and clever ideas to build a project of their own, using everyday materials. Class size limited to 10 children and encompasses both sessions, with a Movement Break in between.

Shirlene Ureña and Erin Brawley, teachers, Roosevelt School

WORKSHOP CHOICES | GRADES K-1

Build a Boat for the Gingerbread Man!

The Gingerbread Man from the Famous Fairy Tale needs your help! You will work as emergent engineers as you utilize engineering processes to design and build a boat that will hold the weight of the Gingerbread Man to help him cross the stream! Points will be awarded for boat design, collaboration, and holding the most weight.

Dr. Nancy DeJarnette University of Bridgeport Bridgeport, CT

Shotokan Karate

Come learn some fun new ways to keep safe and boost your self-confidence through Karate. Our Anti-Bullying and Karate workshop will keep you laughing and moving as you learn from International Gold Medalist Samuel Diaz III.

Samuel Diaz III, Sensei Stratford Shotokan Karate, Stratford, CT

On the Hunt for Seeds (Session 2 only) the Seed Huntress on an expedition into the

Join the Seed Huntress on an expedition into the wild world of seeds! Together we will explore a jungle of fruit to discover where their magic seeds are hidden. Once you embark on this adventure, you will see the bounty of nature around you and on your plate in a whole new way. Like Indiana Jones, you will now discover seed treasures wherever you go! Each seed hunter will leave this journey with their very own pouch of seeds to protect & plant! Sefra Alexandra, The Seed Huntress Wakeman Town Farm, Westport, CT

We All Scream for Ice Cream

Using the phases of matter, you will make your own ice cream in a bag and explore the best way to chill the ingredients to make them become a creamy, delicious treat.

Katie Veccharelli, Melinda Stygles and Sharell Richmond Grade 1 teachers, Roosevelt School

Move It! (Session 1 only)

Come learn a variety of dance moves to be put to music. We will have some movement and drama games as well. Come get a move on and have some fun!

Tanya Ayotte, teacher Roosevelt School, Bridgeport

Animal Adaptations (Session 2 only)

How do animals survive in the wild? In this exciting, hands-on workshop, explore how different body coverings, behaviors, colors and physical structures help vertebrates (mammals, birds, reptiles and fish) adapt to their environment, find food and escape from enemies.

Sammy Riccio Earthplace, Westport, CT

Storybook Theater: Three Billy Goats Gruff (Session 1 only)

Take the stage! Bring the Three Little Pigs to life using costumes and props to become the characters in Three Billy Goats Gruff.

Erica Cruz, Museum Educator Stepping Stones Museum for Children, Norwalk, CT

K-1 Breakout Session

All K-1 children will refresh, recharge, and refocus by learning the ancient Chinese wellness practice imitating the movement and spirit of animals in between their workshops.

Lead by Shirley Chock, Co-Owner, Aiping Tai Chi Center

WORKSHOP CHOICES | GRADES 2-3

Animal Adaptations (Session 1 only)

How do animals survive in the wild? In this exciting, hands-on workshop, explore how different body coverings, behaviors, colors and physical structures help vertebrates (mammals, birds, reptiles and fish) adapt to their environment, find food and escape from enemies.

Sammy Riccio Earthplace, Westport, CT

Spinner STEAM

You will investigate the physics of spinning, including the concepts of angular momentum, torque, centrifugal force and more! We'll make optical illusion thaumatropes, snap cube spinners, and cool works of art using spinning action!

Claudia Esposito, Owner Cool-ology, Madison, CT

Movin'and Groovin': Exploring Dance and Music (Session 2 only)

Learn some new dance moves as we explore music and dance from different countries around the world. We will also add some percussion instruments to really get groovin'. Wear comfortable shoes and get ready to move!

Cristina Curto, teacher Roosevelt School, Bridgeport, CT

Gadgets & Gizmos (Session 2 only)

Develop an understanding of electric circuits and vibrating motors by creating a dancing robot. You will be able to describe a circuit as a loop in which electricity flows, identify the parts of a circuit and recognize and create closed and open circuits.

Erica Cruz, Museum Educator Stepping Stones Museum for Children, Norwalk, CT

On the Hunt for Seeds (Session 1 only)

Join the Seed Huntress on an expedition into the wild world of seeds! Together we will explore a jungle of fruit to discover where their magic seeds are hidden. Once you embark on this adventure, you will see the bounty of nature around you and on your plate in a whole new way. Like Indiana Jones, you will now discover seed treasures wherever you go! Each seed hunter will leave this journey with their very own pouch of seeds to protect & plant!

Sefra Alexandra, The Seed Huntress Wakeman Town Farm, Westport, CT

Creative Crafting in Action

Make some interesting crafts from recycled items and create some unique products, such as collages, from recycled materials. Use your imagination and discover new uses for old materials!

Julio Reinoso, Marilyn Henry and Kimberly Henry B-Green 2010 Initiative, Bridgeport

Balloon Rocket Car (Session 1 only)

Join us as we design, create and race our Balloon Rocket Cars using things you can find around your home. Learn the secrets of designing a fast car!

Elaine Malone, teacher Roosevelt School, Bridgeport, CT

WORKSHOP CHOICES | GRADES 4-5

Balloon Rocket Car (Session 2 only)

Join us as we design, create and race our Balloon Rocket Cars using things you can find around your home. Learn the secrets of designing a fast car!

Elaine Malone, teacher Roosevelt School, Bridgeport, CT

The Techno World!

You will learn how coding works in our technological society and how information is protected, such as military strategies, online banking, and social media. You will make your own codes using a cypher wheel. You will then be introduced to the world of robotics and learn how to code and run a toy robot. And you will explore the world of 3D printing and use software to create your own 3D designs! Takes place in the UB STEM bus on location at Roosevelt.

University of Bridgeport

Movin' and Groovin': Exploring Dance and Music (Session 1 only)

Learn some new dance moves as we explore music and dance from different countries around the world. We will also add some percussion instruments to really get groovin'. Wear comfortable shoes and get ready to move!

Cristina Curto, teacher Roosevelt School, Bridgeport, CT

Build a Search & Rescue Helicopter

Discover how helicopters can be used for search and rescue missions! Lockheed Martin – Sikorsky engineers will lead you through the design, build, and test process for creating lifesaving aircraft, and help you build one yourself!

Kate Rowland, STEM Council Lead Lockheed Martin – Sikorsky, Stratford, CT

Design & Engineering for Fun

Using cardboard, connectors and lots of other fun materials, join a team of engineers that will design machines and line them up to create a giant chain reaction.

Marci Klein, Creator 3DuxDesign, Fairfield, CT

Precision CAD Modeling for 3D Printers (Session 1 only)

You will create your own design using Fusion 360 software. You can then print your 3D creation for free at the Makerspace at the Westport Library!

Michael Altis, Chief Maker MakerSpace @ Westport Library

Learn the Art of Henna

Learn to design basic Henna Tattoos using all natural material. You will first start to learn henna design on paper. After that, you will learn to use henna cone on your hand (optional). Henna material is all natural (no chemicals). Join us to create your own temporary natural henna tattoos.

Priyanka Jain, Henna Styles LLC Fairfield, CT

Collagraphy (Printmaking) (Session 2 only)

Learn how to make a collagraph. We'll create raised-texture printing plates using various recycled materials (string, bubble wrap, plastic netting, etc.). We'll use them to make colorful prints with multiple layers, creating amazing-looking results!

Ann McCarthy, teacher Roosevelt School, Bridgeport, CT

WORKSHOP CHOICES | GRADES 6-8

Precision CAD Modeling for 3D Printers (Session 2 only)

You will create your own design using Fusion 360 software. You can then print your 3D creation for free at the Makerspace at the Westport Library!

Michael Altis, Chief Maker MakerSpace @ Westport Library

Move It! (Session 2 only)

Come learn a variety of dance moves to be put to music. We will have some movement and drama games as well. Come get a move on and have some fun!

Tanya Ayotte, teacher Roosevelt School, Bridgeport

DJ 101 with DJ Pepe

Explore the concept of Disc Jockeying in this introduction to the DJ environment. You will learn the basic fundamentals to do the job of being a Disc Jockey, from learning about Vinyl (LP) to CD's to Mp3 to Disc Jockey equipment.

DJ Pepe, DJ Pepe Productions Bridgeport, CT

Collagraphy (Printmaking) (Session 1 only)

Learn how to make a collagraph. We'll create raised-texture printing plates using various recycled materials (string, bubble wrap, plastic netting, etc.). We'll use them to make colorful prints with multiple layers, creating amazing-looking results!

Ann McCarthy, teacher Roosevelt School, Bridgeport, CT

Design a Digital Photo Book

Bring your phone loaded with your favorite photos and explore composing your story through photography. Learn composition and technical skills to improve the quality of your own photos. In this workshop, using the "accordion technique" you will design and construct a book that will hold 12 pages of themed photographs.

Caroline O'Malley, Art Teacher Roosevelt School, Bridgeport, CT

Learn the Art of Henna

Learn to design basic Henna Tattoos using all natural material. You will first start to learn henna design on paper. After that, you will learn to use henna cone on your hand (optional). Henna material is all natural (no chemicals). Join us to create your own temporary natural henna tattoos.

Priyanka Jain, Henna Styles LLC Fairfield, CT

Using Wind to Generate Electricity! (Session 1 only)

Students will learn about wind energy and the Park City Wind Project, and then construct a working windmill that utilizes a small generator to light an LED lightbulb, just like the windmills planned for the Connecticut Shoreline!

Chris Oburchay, Library Media Specialist Roosevelt School, Bridgeport, CT

Special thanks to the Theodore Roosevelt School for hosting and helping to organize this annual Bridgeport Minds in Motion event, including Principal Jacqueline Simmons and all the Roosevelt teachers who are leading workshops!

ADULT PROGRAM

WELCOME AND KEYNOTE ADDRESS. 1:10-2:20 PM ~ WORKSHOPS. 2:45-3:55 PM. YOU CAN ATTEND THE KEYNOTE AND ONE WORKSHOP.

KEYNOTE ADDRESS by Frances Aponte – Generational Journey in Education

The audience will hear about the educational journey of four generations in one family. Parents will hear how their involvement can help guide and assist their children on their educational journey.

Frances Aponte is a Certified School Psychologists for the Bridgeport Public Schools. She is assigned to Roosevelt School, as well as two district-wide teams for the Department of Psychological Services. She has been with the Bridgeport Public Schools for 22 years, with 15 of those years as a school psychologist. Frances is currently the Delegate to Connecticut for the National Association of School Psychologists. She is a Past-President of the Connecticut Association of School Psychologists, and is currently on their executive board.

WORKSHOP #1 by Lynne Henwood – Supporting Your Intellectually Curious Child

In this workshop, parents will learn to recognize and nurture gifted behaviors in their children, both at home and in the classroom. We will discuss strategies for dealing with underachievement, boredom in school, overexcitabilities, perfectionism, twice-exceptionality and other behaviors or characteristics often associated with gifted children.

Lynne Henwood has taught gifted and twice-exceptional children for over 8 years in NJ and is currently the Head of FlexSchool, a school designed for gifted and twice-exceptional children in Bronxville, NY. She is also the President of the New Jersey Association for Gifted Children. Lynne is certified in Gifted Education and is completing a Masters in Giftedness, Creativity and Talent Development at the University of Connecticut.

WORKSHOP #2 by Denise Hanks – The Vision Workshop: The Patterns of Success

Whether you would like to create a better work/life balance, take action on creating a healthier lifestyle, or find or mend a relationship, you will leave knowing how to build your dreams in order to enjoy a richer, fuller life experience. You will learn three DreamBuilding principles and how to apply them immediately to help you create a life you absolutely love. Participants should come armed with paper, a pen, an open mind, and a desire to manifest amazing growth and change in their life.

As a DreamBuilder Coach, Certified by the Life Mastery Institute, Denise Hanks can help you design and manifest a life that's in harmony with your Soul's purpose. Her passion is teaching clients to unlock their true potential, achieve outrageous success, and live a life they are excited about! She is filled with joy and gratitude as she works with people to transform their lives and close the gap between the life they were living, and the life they LOVE living. Denise is an inspiring speaker, passionate educator, and a highly sought after transformational coach.

WORKSHOP #3 by Dr. Lorrie-Anne Monte – The Importance of Social and Emotional Learning

Everyone deserves to feel happy, healthy and successful in school and in life. Social and emotional learning can help children and adults accomplish these goals. This session will provide an overview of social and emotional learning and how it can develop the skills of self-awareness, self-management, social awareness, relationship building and responsible decision-making.

Dr. Lorrie-Anne Monte is an Assistant Professor and the Counselor Education Fieldwork Coordinator at Western Connecticut State University. Formerly, she was a School Counselor at Naugatuck High School for 18 years. She strongly believes in being of service to others and is a Past President and Board Member with the Connecticut School Counselor Association and a Board Member with the Connecticut Association for the Gifted.

WORKSHOP #4 by Dr. Lorie Gumbs-Tyler – Stress Busters: Natural Ways to Bring Calm for Parents & Students

Stress may be a normal part of life, but we don't have to let it take over our lives. We can shift from being "stressed out" to feeling at ease. Learn about foods, nutrients, and activities to help you eat, sleep, and feel better. Gain useful strategies for you and your children to bring more peace and calm into your lives at home, work, school, and beyond.

Dr. Lorie Gumbs-Tyler is a CT licensed naturopathic physician and a certified nutrition specialist with special training in craniosacral therapy and somato-emotional release. She currently sees patients at the Center for Natural Medicine in Watertown and Natural Health & Wellness Center in Stratford. Dr. Lorie has been a Roosevelt School parent and an active Parent Advisory Council member for the past 6 years. She is also a parent board member for the Bridgeport Public Education Fund.

WORKSHOP #5 by Chris Oburchay and Tess Pastor –

Academic & Career Opportunities of Advanced Manufacturing in Bridgeport

Bridgeport has amazing educational and professional opportunities for its students, and in this workshop, you'll learn about the growing field of Advanced Manufacturing and its presence in the Park City. We will provide an overview of the high school application process, identifying the many programs available to Bridgeport students, and highlighting the Advanced Manufacturing Program at Bassick High School. We will also have a presentation by an instructor and students from the Housatonic Community College Advanced Manufacturing Center.

Chris Oburchay is the Library Media Specialist at Roosevelt School, and a former classroom teacher and literacy coach. Tess Pastor is the Guidance Counselor for Roosevelt School.

ABOUT BRIDGEPORT CARIBE YOUTH LEADERS

Since 2003 BCYL has been committed to providing youth ages 5 to 18 with diverse sports, educational and community awareness programs that foster physical, intellectual and social development, while instilling pride and helping them build character and self-esteem, so that they can reach their full potential and value their role in society. For more information visit www.bcyl.org or call 203-913-0073.



1067 Park Avenue Bridgeport, CT 06604

ABOUT CAG

The Connecticut Association for the Gifted is a non-profit organization founded in 1969 that supports the needs of gifted and talented children across Connecticut. In addition to sponsoring the "Minds in Motion" events, CAG provides parents, teachers and other educators with information and resources to help in parenting and educating gifted children.

As a member, you will receive regular enewsletters and e-updates on timely topics of interest. Through the CAG Professional Development Program and Teacher Resource Group, educators receive the latest information on meeting the needs of gifted students.

CAG also works with the state legislature and the State Department of Education to advocate for gifted and high-potential students, and is an affiliate of the National Association for Gifted Children.

Please join CAG and make a difference in a child's life. For more information, and to become a member online, visit www.ctgifted.org, or contact us at info@ctgifted.org, or 203-291-6586.



606 Post Road East #417, Westport, CT 06880

Special thanks to all the volunteers who make this event possible, especially our workshop presenters, who volunteer their time, energy and expertise for our eager students!

REGISTRATION FORM

Classes will be assigned on a first-come, first-served basis.

Every child will participate in 2 workshops. Students must remain for the duration of the workshops, unless prior arrangements have been made. <u>You must make at least 4 choices</u>, in order of preference. For Grades 6-8, please list at least three choices. **Please print clearly.**

Please complete ENTIRE Registration Form and mail to:

Child's Name

Student Workshop Choices:

Minds in Motion, c/o Katie Augustyn, 7 Reimer Road, Westport, CT 06880 Or you may register faster online at the CAG website: www.ctgifted.org

1)	4)		Non-Bridgeport CA	AG Members:	
1)			\$20 per child	\$	
2)	5)		Non-Bridgeport, non-CAG		
			Members:		
3)	6)		\$25 per child	\$	
Child's Name	AgeGrade		CAG Annual Mem	<u>bership:</u>	
Student Workshop Choices:			\$35. Per family	\$	
1)	_ 4)		I wish to add a donation for		
			scholarships/progr	rams \$	
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2)			Please make che	-	
3)	6)		CA(
Child's Name	AgeGrade		No child will be to		
Student Workshop Choices:			to financial need		
1)			<u>MIMBridgeport</u>		
			or call Ruth	•	
2)	5)		203-913		
3)	6)		Registration online or by mail		
3)6) Workshops may be photographed or videotaped for MIM records and promotional			Deadline February 29, 2020		
	vant your child to be included, initial here_		Register	Early!	
NOTE: Children of parents/guardi	istration.	Workshops fill quickly!			
Will you commit to be an adult ve		First come, first served!			
YOU WILL NOT NECESSARILY BE ASSIGN		ADULT PROGRAM FREE			
Adult Volunteer Name:					
Email address (if different from b	elow):		All adults are	e welcome!	
Parent/	Email				
Guardian Name	address:				
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REGISTRATION FEES

paid with registration.

\$10 For first child:

\$ 5 Per sibling:

Fee:

Grade

Membership registration rates may be

used if already a CAG member or if

new or renewed CAG membership is

Bridgeport Student Registration