

SEL DAY FACTS

SEL is not just for adolescents.

Teachers with high levels of social competence are better able to protect themselves from burnout.





Increases in empathy significantly predict less aggressive behavior.

When looking at the association between SEL skills in kindergarten and young adult outcomes: Kindergartners who are stronger in SEL competence are more likely to graduate from high school, complete a college degree, and obtain stable employment in young adulthood.





4 in 5 teachers want more support to address students' social and emotional development.

There is an **\$11 return on every \$1** invested in social emotional learning curriculum.





CITATIONS

- I. (Jennings, P.A. & Greenberg, M.T. (2009) The Prosocial Classroom: Teacher Social and Emotional Competence in Relation to Student and Classroom Outcomes. American Educational Research Association.)
- 2. (McMahon, S. D., & Washburn, J. J. (2003). Violence Prevention: An Evaluation of Program Effects with Urban African American Students. The Journal of Primary Prevention, 24(I), 43–62.)
- 3. (Damon E. Jones, Mark Greenberg, and Max Crowley. Early Social-Emotional Functioning and Public Health: The Relationship Between Kindergarten Social Competence and Future Wellness. American Journal of Public Health: November 2015, Vol. 105, No. II, pp. 2283-2290.)
- 4. (Bridgeland, J., Bruce, M., & Hariharan, A. (2013). The missing piece: A national teacher survey on how social and emotional learning can empower children and transform schools. A report for CASEL. Washington, DC: Civic Enterprises)
- 5. (Belfield, Bowden, Klapp, Levin, Shand & Zander. (2015). The economic value of social and emotional learning. New York, NY: Center for Benefit-Cost Studies in Education: Teachers College, Columbia University.)