

# Fish Hawk Gazette

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## What Really Happened on the First Thanksgiving

We all have heard of the story of how the Pilgrims and the Native Americans had a sweet, peaceful feast. The Pilgrims and the Wampanoag did have a three-day feast. The meal being called the 'First Thanksgiving' is up for debate though. Obviously, the Natives were there first, and when the Pilgrims arrived, they brought deadly illnesses with them, killing off many Native Americans. Then, it was easier for colonists to take over. Some even say the colonists wanted to kidnap and force the Natives into slavery. The colonists didn't invite the Natives to the feast and when the Natives heard guns being shot, they thought they were in combat. Luckily, they talked it out and the Pilgrims let the Natives join the feast. That's not all. Thanksgiving's backstory might not be the most horrifying thing ever, but many Natives were murdered, tortured and beaten. As the United American Indians of New England say, "Thanksgiving Day is a reminder of the genocide of millions of Native people, the theft of Native land, and the relentless assault of Native culture". So next time you celebrate this day, remember what people went through.

By Valencia

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## Ten Turkey Facts

- Adult turkeys have around 5,500 feathers.
- A wild turkeys gobble can be heard from 1 mile away.
- Their eyesight is three times better than humans.
- Male turkeys gobble and female turkeys' chirp.
- Adult male turkeys are called toms.
- A group of wild turkeys is called a rafter or a gang.
- Turkeys recognize each other by voice because they all have different voices.
- Male and some female turkeys grow beards.
- About 280 million turkeys are sold for Thanksgiving.
- You can eat turkey.

By Alison

## Sweet Potato Pie Recipe

After eating your Thanksgiving dinner, would you not like some dessert? Well, here is a sweet potato pie recipe.

Step 1. Place whole sweet potato in a pot and cover with water and bring to a boil, boil until tender or when pierced with a fork, 40 to 50 minutes.

Step 2. Preheat the oven to 350 degrees F (175 degrees C).

Step 3. Remove sweet potato from the pot and run under cold water, remove, and discard skin.

Step 4. Break sweet potato flesh apart and place in a bowl. Add butter and mix with an electric mixer until well combined. Add sugar, milk, eggs, nutmeg, cinnamon, and vanilla; beat on medium speed until mixture is smooth. Pour filling into unbaked pie crust.

Step 5. Bake in the preheated oven until a knife inserted in the center comes out clean, 55 to 60 minutes.

Step 6. Remove from the oven and let cool before serving.

(1 pound) sweet potato, with skin  
½ cup butter, softened  
1 cup white sugar  
½ cup milk  
2 large eggs  
½ teaspoon ground nutmeg  
½ teaspoon ground cinnamon  
1 teaspoon vanilla extract  
1 (9 inch) unbaked pie crust



By Anyla

## World Diabetes Day: November 14th

World Diabetes Day is on Sunday, November 14th. You might be wondering what diabetes is. Well, diabetes is a metabolic disorder in which the body has high sugar levels for prolonged periods. Well, now you might be even more confused so let's break it down. When a person has diabetes, the body either does not make insulin or cannot use insulin correctly. A lack of insulin causes different forms of diabetes. People who have diabetes sometimes must wear a pump on their arms. Treatment may include lifestyle changes such as diet control, medication, or insulin. Also, if you have diabetes, you sometimes must eat candy to keep your blood sugar high. People with diabetes might get bullied a lot and that is not a good thing because we want to stop bullying. So, on this day if you know somebody with diabetes call them up and tell them "Happy Diabetes Day!" I am sure they will feel happy.

By Quincy and Ana

## Haunted Places in CT

(NOTE: These are all real places in CT)

1. **Union Cemetery, Easton:** This 400-year-old grave is known to be the home of the infamous "White Lady" and has been popular with ghost hunters for decades, ever since Ed and Loraine Warren started regularly investigating it. It's one of the best-known haunted sites in CT, where paranormal activity has been commonly reported.

2. **Dudleytown, Cornwall:** Once declared "the most haunted place in CT" by none other than The Warrens, Dudleytown has also been called "cursed," "damned," and "demonically possessed." There have been stories of weird sightings, experiences, and paranormal activity in and around the remaining foundations of the settlement, although the legend of curses has been thoroughly debunked.

3. **Remington Arms, Bridgeport:** Due to its showing on Travel Channel's "Ghost Adventures," this has become one of the most popular haunted sites in CT. A former munition factory in the heart of Bridgeport which has seen its share of tragedy and death has been abandoned for decades. The site has fallen into disrepair, and due to its dark history, many guests are afraid to go inside.

By Nilah

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## Race and Racism

### Race

There has all been a point where you feel like you can't say white or Black. Or when you feel uncomfortable talking about race in general. But don't worry, I'll give a quick definition of race. Race means belonging to a certain racial or ethnic group with the same features and skin colors.

### Racial Equality/Racism

Racial discrimination has been around since the 1400s and 1500s. Racism is still around and is major issue in today's world. Racism comes in many shapes and sizes. There are microaggressions, lynching, police brutality and so on. Many people don't know it but, they can imply stereotypes on other people without knowing it.

### Trying To Change

By educating others on what racism is and the affects it has on our society, we can make big improvements and change our world for the better.

By Valencia

## Rich & Creamy Hot Chocolate Recipe

1 cup semisweet chocolate chips  
½ cup sugar  
½ cup water  
1/8 teaspoon salt  
5 ½ cups milk  
2 cups half & half  
2 teaspoons of vanilla extract

1. Melt chocolate chips, stirring constantly, in saucepan over low heat. Stir in sugar, water, and salt.
2. Increase heat to medium. Cook, whisking constantly, until mixture comes to a full boil. Continue cooking for 2 minutes, stirring constantly.
3. Add milk and half & half; cook until heated through. (Do not boil.) Add vanilla.
4. Remove from heat; beat with whisk until frothy.
5. Pour into mugs. Serve with whipped cream.

By Maya



## Appreciating Veterans

Veterans Day is a public holiday held on the anniversary of the end of World War I, on November 11, to honor US veterans and victims of all wars. This holiday is a celebration to honor America's veterans for their love of their country, and willingness to serve and sacrifice for the common good.

### When was the first Veteran's Day?

Veteran's Day was first called Armistice Day to commemorate the ending of World War I. It was first proclaimed by Woodrow Wilson on November 11th, 1919.

### How did Armistice Day Become Veteran's Day?

A World War II veteran, Raymond Weeks worked tirelessly starting in 1945 to expand Armistice Day to include all veterans.

### What are some things that I can do for Veteran's Day?

Make a card: Veteran's Day is a great day to write kind, uplifting messages to any veterans you know. You can make a card thanking veterans you know for their service!

Coordinate and send care packages: Everyone loves getting gifts, you can find a bag or a box at home and cute, small, DIY gifts and you can even add your card!

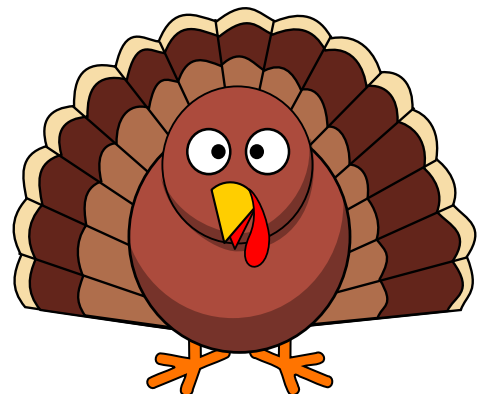
Be sure to thank any veteran you know for serving and have a great Veteran's Day!

By Lunar

## Top 10 Thanksgiving Foods

10. Sweet Potatoes
9. Green Beans
8. Cranberry Sauce
7. Pumpkin Pie
6. Gravy
5. Rolls
4. Stuffing
3. Mashed Potatoes
2. Apple Pie
1. Turkey

By Alison



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## My Inevitable Demise

It was a casual November. The air was cold. Nothing new was happening in this sad little town where my story begins. My name: Garrett. And my life was horrible. Actually, scratch that. My life was fine before November came around. That's when it all started. I was an average being, living an average life on an average farm. I did my silly little chores and ate my silly little food that a silly little person provided me with. I was happy, really. But then I started hearing whispers. Rumors. Rumors that a victim was being picked out. Rumors that the victim was going to be me. They said there were signs. When the first of November hits, there's a scan of my peers and I. Then, one of us is given more food than the others. 'Because you look sickly, that's all,' the one that fed us reassured. But then someone was taken. Taken to be slaughtered that is. We never see them again after that horrible day. I knew what was happening. I knew I had to leave. And so I did. On a chilly November evening, the 10th I believe, I left. I ran as far as I could, farther than I ever have. But soon I came to a halt as I realized what I'd done. I had left my shelter, my home, and now I was in the middle of nowhere. I had no supplies, no way of communicating with anyone, I was done for. I would die here, on this grassy field. I began to dig my grave.

Said grave was never completed. No, it is not because I died before completing it, imagine how gruesome that would have been. No, it's because I was saved. I had suddenly been stricken with a thought. There was a town here wasn't there? So I looked around a bit and realized yes. Yes there was. I could see the tops of the little houses from where I was. So I took a deep breath and began to run to safety. If I could make it to a house, I could explain what had happened and they would help me. I was saved after all. But once arriving I was let down yet again. No one was answering the door. There wasn't a single person in town square. The shutters to everyone's houses were closed, their lights turned off. What was going on? Where had everyone gone? So I sat in town square at about 12am and pondered. My life royally sucked, that was for sure. I was going to die on this unfortunate day. I suppose death is inevitable for me, no matter where I go. For I'm Garrett the Turkey, and my story was far from over.

By Zoya

## School Basketball Teams

Grades 5th through 8th have a basketball team, both boys and girls! If you are on the team, you should practice a lot because, 1. Don't you want to help your team to win? 2. You're representing Black Rock School. 3. Practice can just be fun and make you better at basketball. This year, if you play basketball and you're a girl you can play on the 5th and 6th-grade team and/or the 7th and 8th-grade team. This is because the 7th and 8th grades only had a few players, not enough players. If you're a boy and you play basketball then you are on the 5th and 6th grade or 7th and 8th-grade team. You can't be on the 7th and 8th if you're in 5th or 6th grade like the girls because both teams have enough players. To play basketball, the basic things you need to know are how to shoot, pass and dribble. Things you need to play basketball are a hoop, a ball, and a team. There are a lot of mini-games you can play like HORSE, Around the World, and maybe a game of 2 on 2 or 3 on 3. Shout out to the coaches of the teams that are helping everyone get better at basketball: Coach Bell/ Parrone, Coach Adam, Coach Molly, Coach Joey, Coach Frank, Coach Mike, Coach Belli, and Coach G. So now that you know a little more about basketball, if you're not on a team, you should go to the games anyway and cheer your friends on.

By Kayden

## Fall Gifts

Are you looking for gifts for someone? Here are some gift ideas for this fall

Candles  
Journals  
Pastries  
Scarves  
Coats  
Velvet pumpkins  
Books  
Cozy throw blankets  
Mugs  
Caramel apples  
Donuts  
Pumpkin spice lattes  
Boots



By Dariana and Alexandra

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By Karina

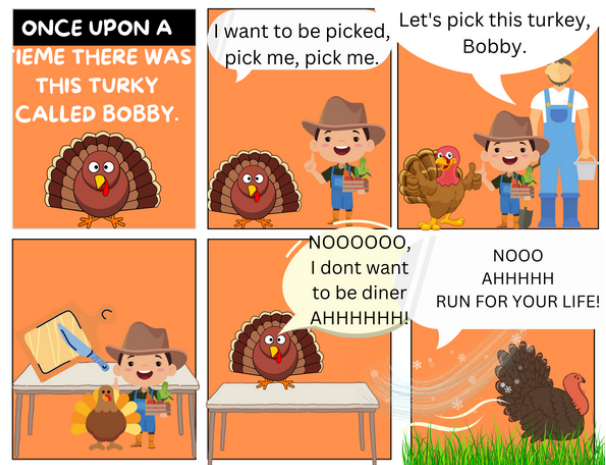
## Meme of the Month



By Ben



By Dallas



By Karina

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## La Pisadeira (The Old Hag)

La Pisadeira is an urban legend from Brazil. Let's investigate a story about La Pisadeira shall we?

Giselle was eating at her Thanksgiving feast with her brother and remembered the story of La Pisadeira her grandmother told her, but she remembered that her grandmother would only tell her stories like that to scare them. After the feast, she went to sleep and started staring at the ceiling worrying about her too skinny brother and his big appetite as she heard someone moving around the house, but they were too slow to be one of her relatives \*creak\* she heard her bedroom door open and the hair on the back of her neck stood up. She felt something coming closer to her, in the corner of her eye she saw clawed fingers reaching for her but when she got up she saw a figure watching her brother. Giselle told her brother "Paulo move" but with that the figure stared at her it was La Pisadeira. After the hag saw her it jumped at her and started watching her. La Pisadeira dug her claws into Giselle she watched in paralyzed fear but soon La Pisadeira left her room. The next morning, she asked her brother if he remembered anything and he shook his head as he scarfed down his cereal. Then, her grandmother said, "Something is wrong" and Giselle began to cry and explained how her and her brother ate too much and La Pisadeira came to their bedroom. The grandmother took away their food and said, "No more for you today." That night Giselle was surprised to see her neighbor at the dinner table. Her grandmother said he would stay the night. The grandmother kept giving the neighbor more food and only gave Giselle and Paulo a half portion once. Once they went to sleep, Giselle and her brother couldn't sleep from hunger but the neighbor was snoozing away. Eventually, they heard the laughter of La Pisadeira. La Pisadeira jumped on Giselle and Paulo expecting to feast on fear and was disappointed to find nothing. La Pisadeira sniffed the air and smiled after smelling the neighbor. The neighbor half awoke as La Pisadeira fed on fear. The neighbor left in the morning complaining about nightmares. The grandmother then said evil cannot be defeated but it can be passed on.

By Kelly and Hajar



By Kennedy



## Thanksgiving Word Search



By Ana

Can you find the words hidden in the puzzle?



FALL	TURKEY	NOVEMBER	PUMPKIN
PIE	FAMILY	PILGRIMS	HOLIDAY
CORN	GATHER	GRATITUDE	HARVEST

