



## Spring Clubs

We are excited for the start of our spring clubs!!

### **Lego Club**

*(Mrs. Brum)*

Wednesday mornings

7:40-8:40

### **Drama Club**

*(Mr. Geist & Ms. Magno)*

Monday afternoons

3:10-4:30

Thursday afternoons

3:10-4:30

### **Volleyball Club**

*(Ms. Riddick)*

Monday afternoons

3:10-4:10

Wednesday mornings

7:40-8:40

## Souper Bowl

### **Friday, February 10th**

Bring a can of soup for the Black Rock Food Pantry and dress down in your favorite team merchandise/colors.



**Join in the fun!!!**



## News from the Music Room!

Hot Cross Buns. 3rd grade students are learning their first song on the soprano recorder. Hot Cross Buns is a traditional starting point for most wind instrument players. After reviewing fingerings, students were able to play the beginning of the song and are excited to learn some new pieces.

4th and 5th grade students are continuing with guitar instruction. Later they will get the chance to try out the keyboard and the drum set.

Middle school students are creating a presentation on the King of Pop, Michael Jackson. Working as teams, they are designing a power point presentation on Michael Jackson and his music.

Our Black Rock School Drama Club has started rehearsals for ANNIE Kids. The target dates for our performance as of now are May 18 and 19. If you want to help with set construction, costumes, or any other important behind-the-scenes jobs, please tell us. Rehearsals are on Mondays and Thursdays after school.

*-Mr. Geist*



# Physical Education

## P.E with Mrs.Brum

Students began second quarter with a focus on health. We learned about proper hand washing, catching a cough in our arm and whoa, slow and go foods. As we moved into December our curriculum was fitness focused. We learned strong muscles help us push, pull, climb, and lift. We also played many holiday themed games that increased our cardiovascular and muscular endurance. We also learned simple game strategies, such as defense. One of our favorite games was Snowman Down! After winter break we began our basketball unit. Students learned how to dribble, pass and shoot. Students also saw first hand that practice makes us better. Ask your child how much they improved their dribbling skills in the game Builders and Bulldozers!

Teamwork, effort, kindness, and making smart choices are a daily part of PE class. I am so proud of my students. Here are some great things I hear my students sharing in class: It's just a game. I can do hard things. Please. Thank you. Come join our group. Do you best and forget the rest.

Our next unit will be gymnastics! Get ready to see your child jump, roll, balance and control their body making various shapes!





## P.E with Ms. Riddick

As we head into the second half of the school year, students will focus on sportsmanship. All classes will learn about and work towards displaying good sportsmanship every P.E class.

Students in 2nd and 3rd started the second marking period using scooters and the parachute. Students are learning the importance of teamwork, communication, listening and attention skills while participating in different activities. Everyone is doing a great job and I am so proud of all my students!! We will be moving into our throwing & catching and kicking & punting units.

Students in grades 4-8 just wrapped up their first sports unit. Students in 4th and 5th grade participated in soccer while the students in grades 6th, 7th and 8th grade participated in volleyball. Everyone did an amazing job! Classes will have the opportunity to vote as a class as we decide what our next unit of study will be. Our sports units include: team handball, soccer, basketball, flag football, ultimate frisbee, floor hockey, volleyball, bowling and baseball.

### *Sportsmanship Race*

Classes that display good sportsmanship will get to move their class sneaker one spot on the track closer towards the finish line where something special will be waiting for them.

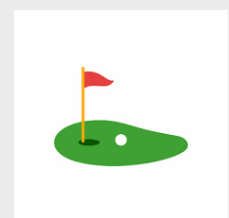


Good sportsmanship in P.E class may look like:

- \*Encouraging teammates
- \*Respecting the other team
- \*Playing fair
- \*Following directions
- \*Showing respect
- \*High fives & handshakes

## **First Tee Golf**

***Coach Jay from First Tee golf at Fairchild Wheeler visited Black Rock last week to teach students in grades 2-8 the fundamentals of golf. Students learned about respect, responsibility and patience while putting and taking full swings. If students are interested in golf, below is a flyer with information about the First Tee program.***





# first tee 2023 Programs

## Group Lessons:

- Offered in Spring, Summer & Fall
- 7-week session meets once a week
- Ages 5-18
- Equipment is provided if needed.
- Prices vary by location:

Bridgeport, Cromwell,  
Danbury, Hartford,  
Greater New Haven,  
Greater Waterbury,  
Pawcatuck & Woodstock

## Summer Camp:

- Cromwell Learning Links Only
  - 4 days Tuesday – Friday
  - From 9:00 – 3:30
  - Ages 5 – 14

## Learn More...

- Visit Our Open Houses
  - Sat, January 28, 9:00–1:00  
@ Learning Links in Cromwell
  - Sat, February 25, 12:00–4:00  
@ Learning Links in Cromwell
  - Fri, March 3, 4:00–7:00  
@ Learning Links in Cromwell
  - Sat, March 18, 10:00–2:00  
@ Golf Quest in Brookfield
  - Sat, April 8, 10:00–2:00  
@ Fairchild Wheeler in Bridgeport
- Call to make an appointment.

## Email:

[info@firstteect.org](mailto:info@firstteect.org)

## Website:

[firstteect.org](http://firstteect.org)

## Phone:

860-882-1660

## Some of Our Loyal Partners:



**PGA**  
Connecticut Section

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**Beverly  
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